



VIRGINIA SYNOD, ELCA Roots & Wings



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Say Something Nice Day Everyone likes to hear a compliment! Take time today to say something nice to everyone you meet. Watch how people react. Share God's light! 	2 National Rocky Road Day William Dreyer used his wife's sewing scissors to chop up marshmallows and walnuts and added them to chocolate ice cream. Celebrate this 100-year-old treat by having a scoop... or two! 	3 International Egg Day Scrambled Eggs for breakfast, fried egg sandwich for lunch, and quiche for dinner! Eggs-actly what should be on today's menu. 	4 National Cheese Day Every nation has its own specialty cheese. Mozzarella, cheddar, or swiss; cheese is great as a snack on its own. It's all gouda! 	5 National Donut Day Created in 1917 by the Salvation Army, this round confection brought delight to the soldiers in WWII. Today, celebrate by making your own donuts. 	6 National Trail Day Today's a great day to go for a hike with the family. With the help of an adult, search the internet for "trails near me". Pack a picnic lunch and enjoy the day. 
7 Read Matthew 28:16-20 	8 National Best Friend Day Do you have someone in your life that makes you belly laugh? Phone, text, or send a card to thank your BFF today. 	9 Donald Duck Day Donald made his screen debut in June of 1934. He has been declared as one of the 50 greatest cartoon characters of all time. Today, watch a cartoon starring everyone's favorite duck. 	10 National Ballpoint Pen Day Brothers Laszlo and Gyorgy Biro are credited with the invention of the ballpoint pen in 1943. Get out some paper and your favorite ballpoint pen and write a note to someone special. 	11 Make Life Beautiful Day There is nothing more beautiful than YOU because you are made in God's image. Share your beauty with the world today by being extra kind to people. Be-YOU-tiful! 	12 Jesus calls us to make disciples of all nations. That means EVERY-ONE. Talk as a family about what it means to be a disciple. 	13 Family Fun Day 
14 Read Matthew 9:35-10:8 [9-23] 	15 National Smile Power Day Have you ever noticed what happens when you smile at someone? Today, make a special effort to share God's love by smiling at all whom you see. 	16 National Fudge Day With the help of an adult, find a simple fudge recipe and made this yummy treat for dessert. 	17 Global Garbage Collector Day Make a big thank you sign and place it on your trash can to let your refuse engineers know that they are appreciated. 	18 Jesus names his 12 apostles and tells them to go and share the Good News (all about Jesus' love). What Good News will you share with others this week? 	19 Juneteenth has grown into a festival celebrating the art, food, education, and history of the end of slavery for the African-American culture. Find a celebration near you. 	20 Summer Solstice Today is the longest day of the year. Give thanks to God for this long day of sunshine and the beginning of Summer. 
21 Read Matthew 10:24-39 	22 Can you count all the hairs on your head? God can. God knows all about you and especially knows what's in your heart. Take some extra time to talk to God today. 	23 National Pink Day Pink was given its name from a flower. Men often wore red so little boys would wear pink. Today, write down everything you see that is pink. 	24 Jesus tells us that God cares for birds and they are important to God. Can you imagine how much more important YOU are to God? God calls you Beloved! 	25 National Handshake Day Does your family have a secret handshake? Today's a good day to make up a fun one. 	26 Chocolate Pudding Day In 1934, Jell-O called this mix Walter Baker's Dessert. Celebrate today by making some of your own. 	27 Family Fun Day 
28 Read Matthew 10:40-42 	29 National Camera Day During your family walk, point out some cool things and ask an adult to take a photo with a cell phone. See what kind of neat things you can capture. 	30 National Meteor Watch Day Tonight, weather permitting, put down some blankets, and host a family watch party. See if you can catch a glimpse of a shooting star. 	Memory Verse: Psalm 86:7 In the time of my trouble I will call upon you, for you will answer me. 			Table Prayer: Thank you, God, for Summer For longer days and a warm breeze For garden veggies and fresh fruit from the trees For fireflies and family time and all that you provide Thank you, God, for the Holy Spirit who is always by my side. Amen