

Nurturing Faith... Every Day in Every Way

February 7, 2021

Isaiah 40:21-31 Psalm 147:1-11, 20c 1 Corinthians 9:16-23 Mark 1:29-39



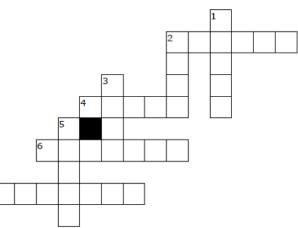
Fifth Sunday After Epiphany

Hellooo friends!! I wonder how you fill your days? What keeps you busy? Do you wake up, and hit the ground running...breakfast, school, lunch, chores, homework, sports, time with family and friends, dinner, bath, and then collapse into bed because you've been busy ALL day? My days can be like that too. Sometimes, I'll be so busy working that I'll look up at the clock and not realize how many hours have passed by. There always seems to be more to do and not enough hours in the day to get it all done. I wonder if Jesus felt like this too?

In our gospel lesson from Mark, we only get a snippet of what Jesus' first day in ministry was like. Today, we hear about Jesus healing Simon Peter's mother-in-law...but even before he did that, he walked about 25 miles, choose four of his disciples, preached in the synagogue, AND cast out an unclean spirit in a suffering man. WHEW!! That's a lot! But...Jesus also made time for prayer. After doing all of those things, even though there was MORE work to do, Jesus left it all behind to pray. Jesus knew that spending time alone with God was probably the most important thing he could do. Through prayer, we are given strength and all that we need to be able to continue to do all the other things in life like help our family, play sports, and be a good friend.

Loving God, time alone with you is important because you give us the strength to do all the stuff. Help us to make time every day to pray. Amen.

Crossword Puzzle



ACROSS

- 2. To deliver a sermon
- 4. The opposite of late
- 6. Searching for something
- 7. The time from sunrise until noon
- DOWN
- 1. The son of God
- 2. To talk to God
- 3. To be without light
- 5. Located something or someone

LOOKING	PREACH	FOUND	MORNING
DARK	EARLY	JESUS	PRAY

Activity: This week, make sure you add in time to pray to your busy schedule. Try praying while you brush your teeth, before you start your homework, before meals, or before bed with your family. See what works for you and make it a daily habit.

Discussion Question Prayer can help us to feel calm and make our hearts full. Do you have a list of people or things that you pray for?

Family Table Prayer for February:

Hearts and crosses fill our month As we think of you. Jesus fill our life with love Today, and all year through. Amen

February Memory Verse: 1 John 4:8 Anyone who does not know love does not know God because God is love.



Jesus Prays in a Solitary Place

