

July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="text-align: center;"> ROOTS AND WINGS VIRGINIA SYNOD, ELCA VOL 13, ISSUE 7 JULY 2021 </div>				1 World Joke Day Got a great knock-knock joke? Tonight at dinner, take turns telling your best jokes. Laughter is contagious!	2 Thurgood Marshall's Birthday With the help of an adult, google to find out more about the first African-American appointed as Supreme Court Justice	3 Family Fun Day!!
4 Read Mark 6:1-13	5 Sylvester Graham's Bday Today, celebrate the inventor of the graham cracker. Make S'mores with the family for an after dinner treat! Invite the neighbors!	6 Nat'l Fried Chicken Day It's comfort food for dinner tonight. Help make some yummy baked/fried chicken. Ask if there is a secret family recipe to use.	7 World Chocolate Day Cookies, brownies, ice cream, candy bars...how will you celebrate today? Make sure to share!	8 Coca Cola Day John Stith Pemberton was the inventor of everyone's favorite cola. With the help of an adult, google to find out more about how Coke was first used.	9 Jesus gave his disciples the power to do many things and sent them out two by two. If you could choose a friend to share the good news with, who would it be?	10 Family Fun Day!!
11 Read Mark 6:14-29	12 Nat'l Simplicity Day Today, slow down a bit. Take time to notice the beauty of creation. Read books, play board games, take a walk.	13 Cow Appreciation Day Did you know there are over 1000 different breeds of cattle? With the help of your grown-up, google images of God's beautiful creatures!	14 Nat'l Mac & Cheese Day Are you a fancy mac & cheese person or plain? Tonight, with your grown-up, use your favorite mix of cheeses and pasta to make this super yummy dish!	15 Many people knew Jesus' name but didn't know much about him. How would you describe Jesus?	16 Orville Redenbacher's bday It's a great night for a movie and popcorn as we remember the inventor of this brand.	17 Family Fun Day!!
18 Read Mark 6:30-34, 53-56	19 Jesus and the disciples were often so busy that they didn't have much time to recharge. How do you relax or take time just to "be"?	20 Nat'l Moon Day It's a good night to set up a blanket in the yard and gaze up at the heavens. What do you see?	21 Nat'l Junk Food Day What a fun day to plan the menu! Ice cream for breakfast? Nachos for lunch? Enjoy this splurge!	22 Alex Trebek's Bday Remember Alex's birthday by hosting a family trivia contest or watching Jeopardy.	23 Hot Enough for Ya Day July heat sets in with one of the hottest days of the year. Today's a great day for popsicles and swimming pools.	24 Family Fun Day!!
25 Read John 6:1-21	26 Nat'l Aunt and Uncle Day Give your favorite Auntie and Uncle a call today to remind them of how special they are to you.	27 Hug Your Pet Day Our furry (and finned) friends bring so much joy to our lives. Today, shower them with extra love.	28 Buffalo Soldier's Day With the help of your grown-up, google the history of these African-American Army Heroes.	29 With the help of a little boy, Jesus was able to feed over five thousand people. Talk to your family to see how you might be able to help feed the hungry in your town.	30 Nat'l Friendship Day All around the world today, we celebrate those who stick by our side and make us laugh. Make sure to thank your bestie!	31 Family Fun Day!!



July Memory Verse: Proverbs 16:24 – Gracious words are a honeycomb, sweet to the soul and healing to the bones.

July Table Prayer: Thank you God for the stripes and stars, for fireworks and lightning bug jars. For Summer nights and your creation, for the fun and love that fills our nation. Amen.