

7th Day

Early
registration
discount ends
Feb. 6

**March 4-5,
2023**

*"And on the
Seventh Day, God
finished the work
of creation"
-Genesis 2:2*

VIRGINIA SYNOD ELCA - YOUTH AND YOUNG ADULT MINISTRIES

Seventh Day is our annual overnight faith sharing retreat for 5th and 6th graders and their adult advisors!

It is held at Eagle Eyrie Conference Center in Lynchburg Virginia.

More than 100 of us youth and adults from congregations all around the Virginia Synod arrive there around noon on Saturday and stay until early afternoon Sunday. During that time, participants become part of a "Shepherd Group" where they meet five or six other youth and together explore one of the great stories of the Bible through drama, games, craft and construction, and music.

At night, congregation groups stay in the Eagle Eyrie Cottages where they can relax and talk with each other about how the event is going!

If you have questions about Seventh Day or the registration process, contact Synod Youth Director Dave Delaney. (delaney@vasynod.org / cell: 540-529-6893).

Find out more about Eagle Eyrie at www.eagleeyrie.org!

Watch our intro to Eagle Eyrie video by going vasynod.org/ministries/youth-ministry/ and scrolling down to the "Tour of Eagle Eyrie" video.

REGISTRATION INFORMATION – 7th Day 2023

• **WHO ATTENDS:** Seventh Day is open to all youth who are in 5th-6th grades and their adult advisors. Each youth must register as a member of a congregation, and for each five youth there must be one adult attending who will be responsible for those youth (1-5 youth - one adult; 6-10 youth - two adults; etc.). Your non-Lutheran friends are welcome to attend as your guests; they must also register as part of your congregation group.

• **REGISTRATION AND PAYMENT:**

For **online registration** (www.vasynod.org, click on "Youth Ministry" and scroll down to "Seventh Day") payment must be made at the time of registration. For **paper registration** (using this form) full payment should be included, or form of payment should be indicated under "Notes for Registrar." MAIL CHECKS AND REGISTRATION FORMS TO: **Virginia Synod – Seventh Day, PO Box 70, Salem VA 24153.** Online payment for paper registration may be made at the "Youth Ministry" tab on the website. Checks should be made out to "Virginia Synod ELCA" with "Seventh Day" and the participant's name on the memo line. Checks for multiple participants must include a list of names and what portion of the check applies to each person.

Registration fee for all participants (youth and adults): \$125 per person (**Early Registration Discount** is \$115 if mailed or paid online on or before Feb. 6, 2023). All youth and adults (including "Shepherd Group" leaders) must pay the registration fee. Congregations are encouraged to provide scholarship assistance!

• **REGISTRATION TIMELINE:**

1. **Jan., 2023:** Registration forms and online registration option for Seventh Day 2023 become available. Forms and payment may be sent in any time after that. Links to forms will be included in the Synod's "Weekly Update" email and also available at the synod website - www.vasynod.org.

2. **Feb. 6, 2023:** The last day to postmark registration forms or register and pay online and still receive the early registration discount.

3. **Feb. 20, 2023:** The last day to submit registration forms by mail without contacting the Synod Office first! Starting Tuesday, Feb. 21, please contact Dave Delaney at delaney@vasynod.org or 540-529-6893 (cell) for instructions before submitting registration materials.

4. Upon receipt of the registration form in the Synod Office, a Confirmation Letter, Map of Eagle Eyrie, and List of "Things To Bring" will be sent to you. *If you have not received this by Feb. 24th, please contact the Synod Office (540-389-1000) or delaney@vasynod.org*

5. **March 4, 2023:** Seventh Day begins with check-in at Eagle Eyrie's Dogwood Hall at noon on Saturday, and the first activity of the event starts at 1:00. Lunch is not provided on Saturday. Seventh Day ends on Sunday, March 5th at 1:30 and lunch is provided. Our synod policy in case of bad weather is at our website - www.vasynod.org. **PLEASE NOTE:** Attendance for the full event is required!

ATTENTION ADULTS! At Seventh Day, adults are not in small groups like they are at Lost and Found or Winter Celebration. As an adult you will either be in a "Shepherd Group" with a group of youth or serving as a helper in one of the activity modules. If you are willing to serve as the "lead shepherd" for a group (minimal preparation required), please check the box on your registration form. All other adults will serve as "assistant shepherds" for groups of youth or be assigned to activity modules. Unlike our other events, the event DOES NOT offer a reduced registration cost for Seventh Day shepherds and module assistants.

• If you have questions about Seventh Day or registration, please contact Dave Delaney - delaney@vasynod.org or 529-6893 (cell).

EXPECTATIONS OF ALL PARTICIPANTS AT SEVENTH DAY:

• Registrants will participate fully in all activities and events of Seventh Day, including meals and Cabin Conversations at night.
• All participants will attend the FULL EVENT, from 1:00 on Saturday to 1:30 on Sunday and remain on the grounds of Eagle Eyrie at all times.

• No drugs (except prescribed or other required medications), alcohol, tobacco or vaping products, or weapons will be brought to the event.

• DO NOT BRING electronic media devices to the event. CELL PHONES must be left in your room/cottage and may only be used during free time. Adults should carry cell phones in case of emergency.

• Curfew and lights out times will be conscientiously observed.

• Youth who are not able to abide by these expectations may be asked to leave the event.