

# Session Two



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## Dwelling – Session Two

As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognizing him. He asked them, “What are you discussing together as you walk along?” They stood still, their faces downcast. One of them, named Cleopas, asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?” “What things?” he asked. “About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people.”

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## Dwelling (cont.)

The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. In addition, some of our women amazed us. They went to the tomb early this morning but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus."

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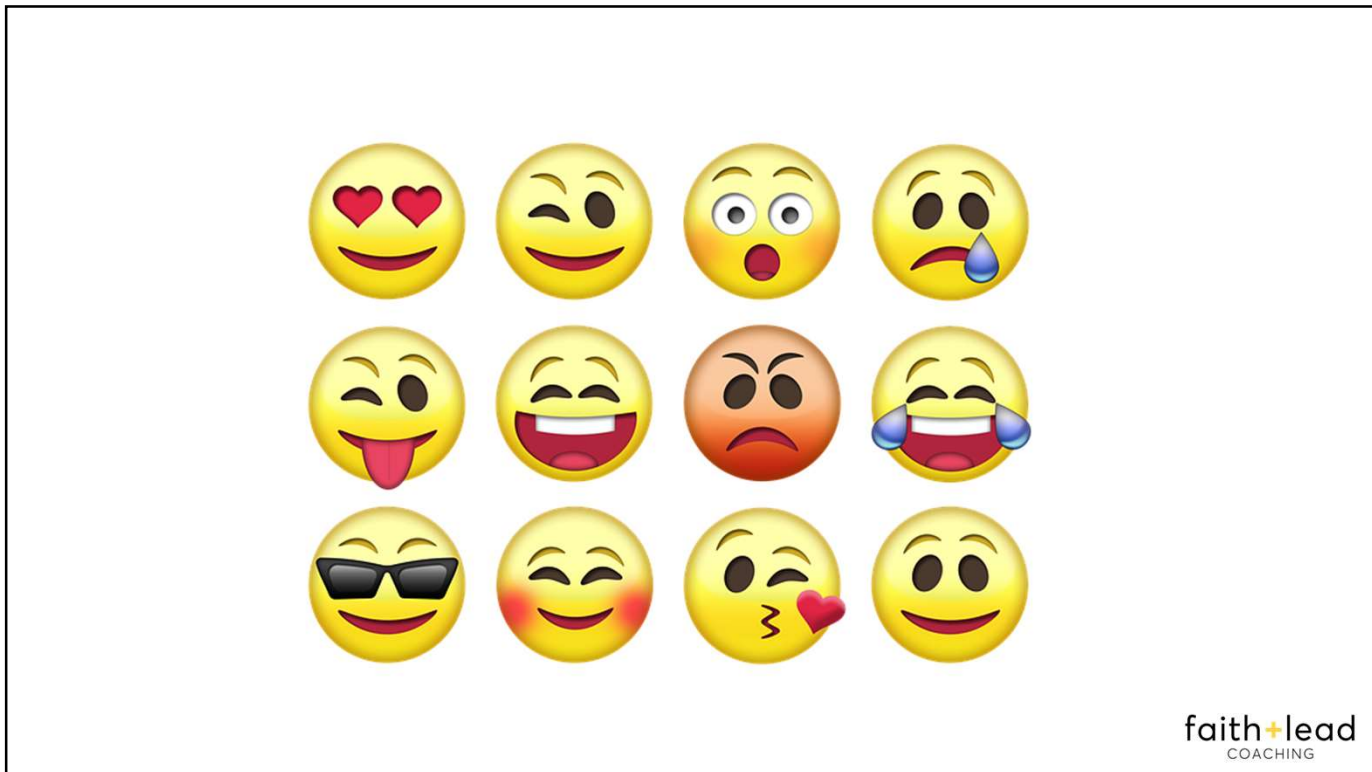
## Dwelling (cont.)

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***Have there been times over the past months when your faith has been shaken, in trust of your leadership, of the church, or of God? Finish this sentence "I had hoped . . ."***

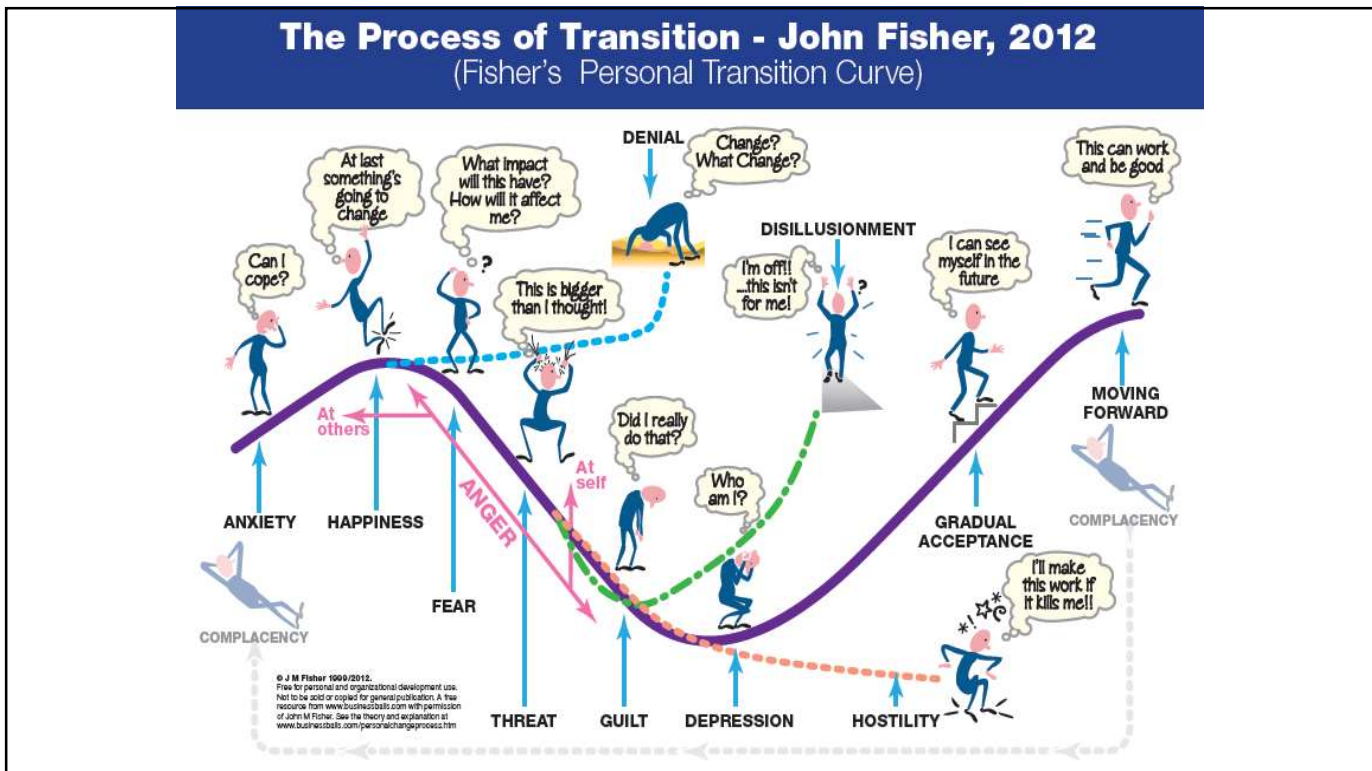
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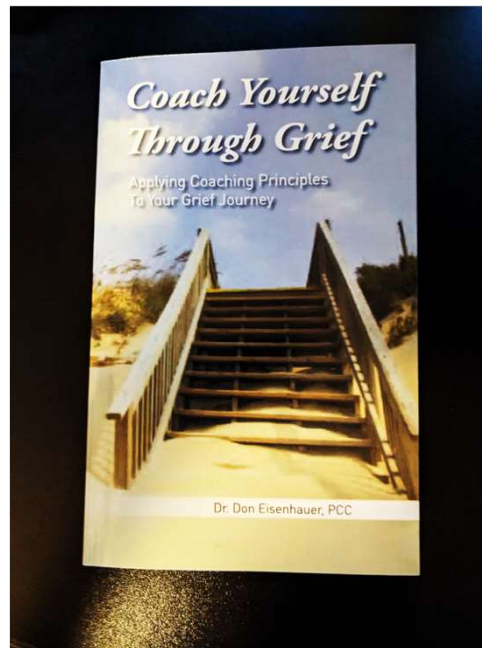


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## Grief Coaching Principles

Find a Safe Place

Board the Roller Coaster and Hang on Tight

Tell Your Story

Take as Much Time as You Need



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## Find a Safe Place, someone who will . . .

- Allow you to hurt
- Allow you to cry
- Give you permission to feel whatever you feel
- Gives you permission to do whatever you want to do
- Will not try to fix you

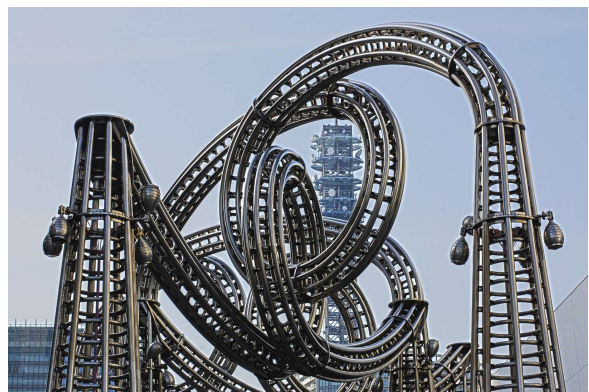


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## Board the Roller Coaster and Hang on Tight!

- Expected and unexpected friends
- Embrace your feelings

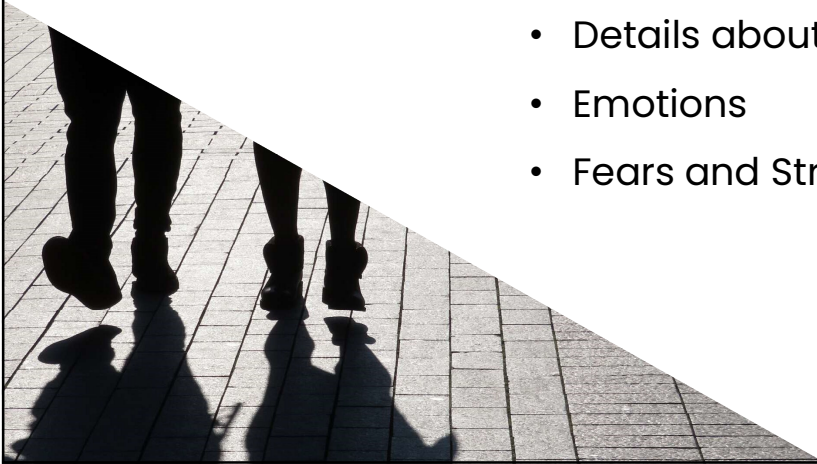


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## Tell Your Story

- Memories
- Relationship
- Details about Loss
- Emotions
- Fears and Struggles



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## Take as Much Time As You Need



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# Time for Reflection and Conversation

