

# POWER IN THE SPIRIT



July 17-19, 2025  
at Roanoke College

# Power in the Spirit

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*"Those who wait for the Lord shall renew their strength;  
they shall mount up with wings like eagles;  
they shall run and not be weary;  
they shall walk and not faint"*  
- Isaiah 40.31 NRSVUE

When we are tired or weary and feel like fainting, God promises to revive us and to raise us up - with strength like that of an eagle's wings. This hope in God is sure and true because "The Lord is the everlasting God, the creator of the ends of the earth - who doesn't grow tired or weary." (Isaiah 40.28) All of creation - the waters of the earth, the night sky filled with stars, the dust of the earth, the mountains and hills - all creation reflects God's glory (Isaiah 40.12, 26). In God's great love and compassion for humanity, God gathers us all in loving arms, lifting us up onto God's lap (Isaiah 40.11). Who can compare with God!?!

In Isaiah 40, the prophet Isaiah shares a word of hope and promise with God's people who are living in exile. They were strangers in a strange land, perhaps forgetting the steadfast promises of God to be their God - always! Like God's people of old, we too sometimes forget God's abiding promise to be with us in Christ Jesus - always! God is our hope - always!

Come join **Maryn Olson**, the keynote speaker, as we will explore finding hope in the ruins. Over the past year, a new disaster occurred somewhere in the world every two to three days on average. Disasters and crises keep happening with increasing frequency and intensity due to the impacts of climate change. And in the midst of the chaos and suffering, Lutheran Disaster Response is present. LDR is how the church comes together to care for and walk with God's people in need wherever they are, for as long as it takes.

The Old Testament prophets all offer messages of hope for the future, but none more than the prophet Isaiah. Join **Rev. Bobby Morris** to explore how the hope found and proclaimed by Isaiah is grounded in the power of the Spirit.

Come join **Michael Benshish**, our music leader, as he invites us to use our musical gifts in musical reflections on these scriptures. If you are interested in singing in the choir or sharing your instrumental gifts, please indicate so on your registration form.

Power in the Spirit is an inspirational event for people of all ages who wish to explore God's call to service through joyous worship, Bible studies, keynote addresses, workshops, games, and fellowship. In addition, congregational leaders—teachers, organists and choir directors, choir members, committee or council members, family life consultants, deacons, pastors, and others—will find Power in the Spirit nurturing and challenging as they consider their mission and ministry.



# Special Guests

## Maryn Olson, Keynote Speaker

Maryn Olson (she/her) serves as the Director for [Lutheran Disaster Response](#), the humanitarian and crisis response ministry of the Evangelical Lutheran Church in America (ELCA). In this role, she oversees the LDR's global (international and domestic) grants and programs. Internationally, she collaborates closely with the ELCA area desks in responding to disasters; domestically, Maryn works with synods, social ministry organizations, community-based groups, and tribal nations. She also represents the ELCA in various settings with ecumenical partners.



Maryn has always had a strong sense of justice, and this passion motivates her work. She has 20 years of nonprofit experience and has served in a variety of disaster related roles. Maryn holds a Bachelor of Arts from Valparaiso University and a Master of Science (MSc) in Public Health in Developing Countries from the London School of Hygiene and Tropical Medicine. Maryn and her wife, Angela, live in St. Louis, MO.

## The Rev. Bobby Morris, Bible Study Leader

Bobby Morris serves as pastor of St. Matthew's Lutheran Church (ELCA) in Pomaria, S.C. and teaches Old Testament and Hebrew at the Lutheran Theological Southern Seminary of Lenoir Rhyne University. He frequently contributes commentary to [workingpreacher.org](#) of Luther Seminary and has published technical work in Hebrew and Greek for the New Interpreter's Bible Commentary. He is also an adjunct faculty member with the Jerusalem Center for Biblical Studies and has travelled and taught in the Middle East since 1998. Bobby does some of his best theological reflection when on one of his many antique Allis Chalmers tractors, which he uses to tend the farm that has been in his family for nearly one-hundred years.



## Michael Benshish, Musician

Michael Benshish (music leader) has been performing on the piano, organ, and synthesizer, primarily throughout the Chicago area and Southeast Virginia, as well as throughout the U.S. and internationally, since 1988. Currently, he is active as the Director of Worship and Music at Lutheran Church of the Master in Carol Stream, IL, a musician at St. Andrew Lutheran in Portsmouth, Virginia, a freelance collaborative pianist, band member/leader, and recording artist. Utilizing this rich variety of musical diversity, along with the blessing of gifted musicians, is Michael's favorite thing to incorporate into worship, with offerings ranging from Bach chorales to modern praise music and everything in between.





# The Schedule

## Thursday, July 17

11:00 am-1:30 pm	Event Check-in at Colket Center
12:00 pm-1:00 pm	Lunch in Colket Center
1:30 pm	Gathering and Welcome in Antrim Chapel
1:50 pm	Worship in Antrim Chapel
2:35 pm	Keynote Presentation in Antrim Chapel
3:50 pm	Break
4:10-5:40 pm	Bible Study in Antrim Chapel
5:45-7:00 pm	Dinner in Colket Center
7:00-7:45 pm	Evening Worship in Antrim Chapel
7:45 pm	Beer and Hymns

## Friday, July 18

7:30-8:30 am	Breakfast in Colket Center
8:30 am	Morning Prayer in Antrim Chapel
9:00 am	Bible Study in Antrim Chapel
10:20 am	Break
10:45 am-12:00 pm	Concurrent Session A
12:00-1:00 pm	Lunch in Colket Center
1:30-2:45 pm	Concurrent Session B
2:45 pm	Break
3:15-4:30 pm	Concurrent Session C
5:00-6:30 pm	Dinner in Colket Center
7:00 pm	Worship with Eucharist in Antrim Chapel
8:45 pm	Reception

## Saturday, July 19

7:30-8:30 am	Breakfast in Colket Center
8:30 am	Morning Prayer in Antrim Chapel
9:15 am	Keynote in Antrim Chapel
10:20 am	Break
10:50 am	Sending Service in Antrim Chapel

# Service Project



ROANOKE COLLEGE

## Food Pantry at Roanoke College

The Food Pantry at Roanoke College is a resource for students who need food or basic personal hygiene items. The pantry was started in January of 2023 and is available to any student at Roanoke College who might be experiencing a need. Your gift will allow the pantry to purchase much needed supplies.

Consider collecting hygiene products, laundry supplies, school supplies and nonperishable food items. When making your selections please keep in mind for all hair types and genders.

**We will collect donations to support the RC Food Pantry.**

**Their supply needs are:**



- Body Soap
- Shampoo
- Conditioner
- Lotion
- Laundry Supplies
- Nonperishable Food Items
- Spiral notebooks
- Loose leaf notebook paper
- Ink pens
- #2 pencils
- Canned Food Items

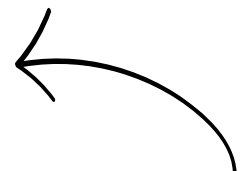
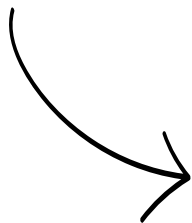


## Learn More



**Living Lutheran** is a source for news, reflections, and stories from the ELCA and its local and global companions. It covers religious news and social issues, congregational life, global and domestic mission, family matters, spiritual practices and resources, and more.

For more information: [livinglutheran.org/](https://livinglutheran.org/) Or to subscribe: [livinglutheran.org/subscribe/](https://livinglutheran.org/subscribe/)



**Lutheran Disaster Response** shares God's hope, healing and renewal with people whose lives have been disrupted by disasters in the United States and around the world. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.





# Children Are Welcome!

**Power in the Spirit is an event for all ages!** Children are invited to attend with their parents or guardians, and children ages 3 to 10 can join in special activities just for them while their grownups attend keynote addresses and workshops. Older kids and teens can help with the younger children or attend the rest of Power in the Spirit. Children and their grownups will be together for housing, worship, and meals.



**Ashley Saunders** of Muhlenberg Lutheran Church, Harrisonburg, joins us as the leader of this ministry. Ashley brings over 20 years experience in early childhood education to the role of Children's Minister at Muhlenberg. Ashley is dedicated to making sure that all children's programming is inclusive and safe for all who attend.

## Biblical Storytellers



The Shenandoah Valley Biblical Storytelling Guild is an ecumenical group of individuals who learn scriptures BY heart and tell them to others FROM the heart. Our goal is to share the stories as was done in the early oral tradition, and have listeners experience the stories/scriptures in a new way, with an emphasis on the emotions evoked in the passages. During Power in the Spirit, you will hear from biblical storytellers who will be presenting on these texts from Isaiah 11:1-16 and Isaiah 61:1-11.

## The Little Free Library: Take a Book, Share a Book



We will have space available for you to share books that touch on matters of faith, and to pick up a book or two for yourself. This is a good way to get a new home for the books you have finished. And, you may find something new to read. Our Little Free Library will be for all ages, so think about picture books, novels, and non-fiction works that address matters of faith and spirituality. All books will be available to Power in the Spirit participants even if you don't bring a book to exchange. Questions? Contact Patty Franz at [pdsfranz@gmail.com](mailto:pdsfranz@gmail.com).

## Offering Designation



**Support Lutheran Disaster Response, the offerings will be split equally between:**

- **Lutheran Disaster Response (LDR)** brings God's hope, healing, and renewal to people whose lives have been disrupted by disasters in the United States and around the world. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.
- **Virginia Synod Disaster Response Fund** is a designated fund to created to provide support for disaster relief through the Virginia Synod, ELCA. It allows the people of the Virginia Synod to respond locally to disasters by making gifts that will provide grants and support to congregations and affiliated organizations undertaking disaster response.



**TO SEND  
OFFERING ONLINE**

# Do You Play an Instrument?

We continue to offer new opportunities for involvement in music at Power in the Spirit with a goal of connecting musicians from around our synod.



**Beer & Hymns Pickup Band!** A fun fellowship opportunity is our Beer & Hymns gathering. We will sing a variety of hymns and songs - it's a true "all y'all sing"! There's no rehearsal. There's no order. We just get together, sing songs of faith and joy, and share Jesus in a unique way! **Bring a guitar or other instrument and join us for this exciting gathering!**



## Event Conference Choir!

The Power in the Spirit Conference Choir, directed by Michael Benshish, will share messages in song for each of our worship gatherings. All voice parts are needed! This is an excellent opportunity for singers, directors, and musicians from our Synod to join together and connect. The choir will practice outside of the workshop times. The rehearsal schedule will be announced at the opening on Thursday afternoon. Won't you join us?! **Sign up as you register!**

# Order a Power in the Spirit T-Shirt

The 2025 Power in the Spirit shirt features this year's event logo. See the registration form for sizing options. If you need another size offered, contact Lenae Osmondson ([osmondson@vasynod.org](mailto:osmondson@vasynod.org)) to make the request. The shirts will be available for pickup when you check in for the event.

**All t-shirts need to be ordered and paid for during registration.**

**The deadline for ordering t-shirts is June 24.**



# Workshop Information

One of the workshops offered this year is a 3 part series. If you want to participate in the workshop below you will need to register for A2, B2, and C2. When completing all three sessions you can receive credit.



**Building a Suicide Safer Community through Suicide Alertness for Everyone (safeTALK) - Rev. Carl Trost, Board Member, VA Chapter American Foundation for Suicide Prevention and Markita Madden-Puckett, Executive Director, Virginia Chapter American Foundation for Suicide Prevention**



The LivingWorks safeTALK is a training that equips people to be more alert to someone thinking of suicide. In this training, you will learn how to reach out, help individuals at risk, and help keep them safe by promptly connecting them to further support. Using a simple yet effective model, LivingWorks safeTALK empowers everyone to make a difference. With over 120,000 people attending each year, it's the world's fastest-growing suicide prevention skills training course. This workshop will cover three sessions, and attendance will be required for each section to receive credit. CEU's are also available after the completion of this training.

For more information, go to: [livingworks.net/training/livingworks-safetalk/#safeTALKInfo](https://livingworks.net/training/livingworks-safetalk/#safeTALKInfo)

# Concurrent Sessions A: Friday, July 18, 10:45AM-12:00PM



## **A1 Lutheran Theology and Confessions: A Review for SAMs and an Intro for Everyone- Rev. Dr. Wesley Smith, Zion Waynesboro (3-part series)**

As Christians, we confess Jesus Christ, we proclaim the Good News, and, as the church, we act on behalf of our neighbor. As Lutherans, we teach and preach these convictions in light of the cross. Over the course of three workshops, we will explore these foundations of Lutheran preaching and teaching. (If you wish to take this course, you need to take all three sessions). Session A looks at how Law and Gospel inform how we stand before God; how we read the Bible; how we preach; how we live simultaneously as saint and sinner; and the necessity of self-critique.

## **A2 Building a Suicide Safer Community through Suicide Alertness for Everyone (safeTALK) - (3-part series, you must sign up for A2, B2, and C2. See page 7 for more information.)**



## **A3 Can the "Unspeakable" Psalms Speak for Us? The Intercessory Power of the Spirit When Our Sighs Are Too Deep for Words - Rev. Bobby Morris, Bible Study Leader**

John Calvin described the Psalms as "An Anatomy of the Soul" because of their ability to connect with all manner of the human experience. Yet, we rarely, if ever, hear some of the most poignant texts of this ancient collection in the church. In this workshop, discover the Spiritual power of St. Athanasius' statement: "Most of Scripture speaks to us; the Psalms speak for us."



## **A4 Connecting with ELCA Advocacy and Coordinating a Letter Campaign in Your Congregation - Alex Parker, Advocacy Coordinator for ELCA Advocacy, Washington D.C.**

In this workshop, you will learn about the work of ELCA Advocacy, where we operate, how we operate, and how you can create change beginning in your congregation. After a brief presentation, participants will be guided through one impactful and easy form of advocacy that begins at home with your fellow congregants - coordinating on issues and writing letters to your members of Congress.



## **A5 REVIVE! - Opioid Overdose and Narcan Education- Katherine Bays, Elizabeth Leap, and Adam Neal from Blue Ridge Behavioral Healthcare**

Since 2016, there have been over 1,000 fatalities per year due to an Opioid Overdose. Do you want to learn how to identify and respond? Learn how to save a life from an Opioid Overdose. Join Blue Ridge Behavioral Healthcare's REVIVE trainers to learn what you can do! After completing the training, participants will receive a complimentary REVIVE! Kit and Naloxone [Narcan].



## **A6 Climate change: What it is, why it is, and what small things can we do to make a difference? - Sister Phyllis Cox, ELCA Deacon & Dr. Bill Franz, Christ, Richmond**

This workshop proposes to address in layman's terms how we have gotten to today's situation and what are some actions we can take as people, families, congregations, communities and Synods to make a difference. Dr. Bill will use his vast knowledge to help us as individuals to better understand how we got into the place we find ourselves. Sister Phyllis will explore ways that help us feel less like throwing our hands into the air and giving up.



## **A7 Establishing Small but Mighty Congregations - Rev. Jessica Darty, Trinity, Pulaski**

The size of a congregation does not determine its health, vitality, or the strength of its ministry. However, smaller congregations must be more intentional about how they do these things to ensure longevity of their mission. We will examine some actions small congregations can take to work towards vitality and mighty ministry.





## Concurrent Sessions B: Friday, July 18, 1:30-2:45 PM



### **B1 Lutheran Theology and Confessions: A Review for SAMs and an Intro for Everyone- Rev. Dr. Wesley Smith, Zion Waynesboro (3-part series)**

Session B takes a closer look at God's law and human sinfulness in the first two articles of the creed and the Ten Commandments. Because of human waywardness, Jesus Christ became flesh "for us and for our salvation." The reality of sin leads us to a discussion of Christ's person and work and the salvation he accomplished for all people on the cross.

### **B2 Building a Suicide Safer Community through Suicide Alertness for Everyone**

**(3-part series, you must sign up for A2, B2, and C2. See page 7 for more information.)**



### **B3 From Crisis to Community - Maryn Olson, Director, Lutheran Disaster Response; Keynote Presenter**

Being prepared for disasters helps prevent casualties, reduces damage, builds community support, and expedites recovery. Yet, according to FEMA's annual preparedness survey, only 51% of Americans believe they are prepared for a disaster. Are YOU prepared? Find out how disaster impacts families and communities through this interactive simulation journey, and learn how you can equip your household, congregation, and community.



### **B4 Women's Voices: Lives and Words that Embody Gospel Faith - Rev. Judy Cobb, Serving St. Timothy, Norfolk**

Learn about women in American history whom have embodied love of neighbor, willingness to risk self for the good of another, a vision of what could be. Share conversation about them and be inspired by the actions of faith.



### **B5 Exploring Dinner Church - Rev. John Wertz Jr., Assistant to the Bishop and Director of Evangelical Mission, Virginia Synod**

Christians have often gathered for worship and learning over meals. In the last few years, a Dinner Church movement has emerged as a fresh expression of Christian worship and life. Come learn about this fresh expression and discover if it might be a good fit for your context.



### **B6 ELCA Sumud and WiS MENA: Advocacy, Awareness, and Accompaniment for Justice in Palestine and Israel and the wider MENA region- Maddi Froiland, Program Director for ELCA Sumud and Sasha Ghosh-Siminoff, Program Director for Middle East and North Africa Policy for ELCA Witness in Society**

Learn about two parallel initiatives within churchwide:

1. The Sumud program, which is an initiative of the ELCA committed to working for justice and peace in Palestine and Israel and;
2. The ELCA Witness in Society MENA policy work helps mobilize and empower advocacy in the ELCA on behalf of justice in the Middle East and North Africa region, including the Holy Land. Together, these ministries bring you and your ELCA community tools and resources to fulfill our calling as followers of Jesus to disrupt oppression and injustice and amplify partners on the ground in their lived experiences.



# Concurrent Sessions C: Friday, July 18, 3:15-4:30 PM



## **C1 Lutheran Theology and Confessions: A Review for SAMs and an Intro for Everyone- The Rev. Dr. Wesley Smith, Zion Waynesboro (3-part series)**

Session C examines how the Holy Spirit brings Christ's salvation to us and to the world through the sacraments and the life of the church. The church, as the body of Christ, exists on behalf of all people and gives concrete expression to how we love our neighbor. This session will examine Luther's explanation of the third article of the creed and his treatise, *The Freedom of a Christian*.

## **C2 Building a Suicide Safer Community through Suicide Alertness for Everyone (3-part series, you must sign up for A2, B2, and C2. See page 7 for more information.)**



## **C3 Retirement with God ~ Some of the Best Days of Your Life - Cathy D. Dudley, St. Phillip, Roanoke (Author of Christian books for children and their families: *Toddler Theology ~ Childlike Faith for Everyone; Faith, Family, & Fun ~ Monthly Lessons to Color and Connect with God's Love*)**

What's your mindset about retirement? . . . Are you over the hill like that greeting card says? Come discover how to attain God's certain hope associated with retirement. This workshop will leave you inspired to live with purpose in this beautiful season of your life.



## **C4 Create an Oyster Shell Beaded Necklace- Maribeth Ocock, St. Mark, Yorktown**

Using oyster shells, you will create an amazing necklace that will look beautiful and remind you of the beauty of God's creation and Power in the Spirit.



## **C5 So What Do We Do Now? Conversations about Anti-Racism - Rev. Kelly Bayer Derrick, Assistant to the Bishop for Ministries of Leadership, Formation, Belonging, & Justice, VA Synod; Rev. Paul Pingel, Grace, Waynesboro; and Rev. Terrie Sternberg, Pulaski**

You are invited to join Pastors Kelly Bayer Derrick, Paul Pingel, and Terrie Sternberg for a time of conversation and education around the ongoing, gospel-centered work of anti-racism. We will not have all the answers, so come ready to ask questions, rest in discomfort, and learn about resources for your ongoing journey of anti-racism pro-reconciliation.



## **C6 Tomorrow's Church: How Congregations and our Neighbors are Changing - Dr. Nathaniel Porter, Virginia Tech Social Science Data Consultant (Our Saviour, Christiansburg)**

Our congregations are changing, but so is the world around us! Learn and discuss overall trends in US and Virginia religion: who's staying, leaving, and joining, and what the growth of religious "Nones" means. You'll also learn how to easily create and interpret custom reports for your congregation's area with religious and demographic statistics.



## **C7 Luther Trivial Pursuit - Rev. Dr. James G. Cobb**

Game Show: "Luther Trivial Pursuit," teams of three (no more than one pastor on a team). There is much to know about Luther, Reformation, History, and worship. Let's make the topic fun and learn something along the way.



## Continuing Education Credits

Rostered Ministers, Lay Preachers, and SAMS who attend will receive 10 CEUs. If a certificate is needed, you can contact Lenae Osmondson at [osmondson@vasynod.org](mailto:osmondson@vasynod.org).

## Worship Planning

Special thanks to worship planners Rev. Heidi Moore, Rev. Paul Toelke and Michael Benshish.

## Meditation Chapel

Power in the Spirit provides a meditation chapel dedicated to quiet reflection and prayer. It is located in the gallery in the Olin Hall Building. You are invited to engage with this special space during workshop sessions and in your free time. Thank you to Pastor Terrie Sternberg, Pulaski, for helping to create this year's meditation opportunity.

## Golf Cart Transportation

Thank you to **Virginia Lutheran Homes** for sponsoring golf carts. The golf carts will be available for participants to help them get around the Roanoke College campus. If you are interested in helping to drive a golf cart during the event, email Debbie Hux by June 23 at [hux@vasynod.org](mailto:hux@vasynod.org).



## Graphic Design

Thank you to Lynzie Cape for sharing her artistic talents by creating the event logo.

## Accommodations

You can register as a commuter, off-campus attendee, and secure your own lodging at an area hotel or register as resident, on-campus attendee, where you will stay in a Roanoke College dorm room. **All resident attendees will need to bring their own sheets, linens, and pillows.** Bed sizes are Twin XL, but queen-size sheets can work with the college dorm beds. The dormitories are often chilly, so pack accordingly. Consider bringing an extra blanket for your comfort!

We have created discounted room blocks for participants who stay off-campus and commute. Please note the group deadlines. You can [download the list here](#).







We look forward  
to seeing you soon!



Questions Call  
540-389-1000

More Information  
[vasynod.org/power-in-the-spirit/](http://vasynod.org/power-in-the-spirit/)







# Registration-One Form per Person

Name: \_\_\_\_\_ Pronouns: \_\_\_\_\_

Congregation Name: \_\_\_\_\_

Congregation Location: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Share any concerns you have about the accessibility of this event:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dormitory Accommodations: ☐ Single ☐ Double

Name of Roommate: \_\_\_\_\_

## Fees

### Resident Package Prices *Bring your own sheets, blankets, pillows as they are not provided!*

*Includes registration, two nights lodging, two breakfasts, two lunches, two dinners*

\*Power in the Spirit Adult Resident Package: \$275 \$ \_\_\_\_\_

\*Planning Team Adult Resident Package: \$145 \$ \_\_\_\_\_

Youth (11 to 17 years old) Resident Package: \$60 \$ \_\_\_\_\_

Child (3 to 10 years old) Resident Package: \$60 \$ \_\_\_\_\_

### Commuter (Off-Campus) Package Prices

*Includes registration, two lunches, two dinners*

\*Power in the Spirit Adult Commuter Package: \$190 \$ \_\_\_\_\_

\*Planning Team Adult Commuter Package: \$100 \$ \_\_\_\_\_

Youth (11 to 17 years old) Commuter Package: \$60 \$ \_\_\_\_\_

Child (3 to 10 years old) Commuter Package: \$60 \$ \_\_\_\_\_

### Power in the Spirit T-Shirt: \$10 each

Child ☐ S ☐ M ☐ L ☐ XL \$ \_\_\_\_\_

Adult ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL \$ \_\_\_\_\_

\*Adult Early Bird Discount (**Before May 12**): -\$25 \$ \_\_\_\_\_

*(can be applied to Adult Packages only)*

Total Due \$ \_\_\_\_\_

### Checks payable to:

Virginia Synod

### Mail to:

Virginia Synod-  
Power in the Spirit  
PO Box 70, Salem, VA 24153

### Include:

Both sides of the form and  
registration payment

**Registration Closes on  
July 1!**



# WORKSHOP REGISTRATION

NAME: \_\_\_\_\_ CONGREGATION: \_\_\_\_\_

## Friday, July 18, 10:45-12:00 - Concurrent Sessions A

- ☐ A1 Lutheran Theology and Confessions - Rev. Dr. Wesley Smith
- ☐ A2 Building a Suicide Safer Community (required 3-part series) - Rev. Carl Trost
- ☐ A3 Can the "Unspeakable" Psalms Speak for Us? - Rev. Bobby Morris
- ☐ A4 Connecting with ELCA Advocacy - Alex Parker
- ☐ A5 REVIVE! - Opioid Overdose and Narcan Education - Blue Ridge Behavioral Health
- ☐ A6 Climate Change- Sister Phyllis Cox and Dr. Bill Franz
- ☐ A7 Establishing Small but Mighty Congregations - Rev. Jessica Darty

## Friday, July 18, 1:30-2:45 - Concurrent Sessions B

- ☐ B1 Lutheran Theology and Confessions - Rev. Dr. Wesley Smith
- ☐ B2 Building a Suicide Safer Community (required 3-part series) - Rev. Carl Trost
- ☐ B3 From Crisis to Community - Maryn Olson
- ☐ B4 Women's Voices - Rev. Judy Cobb
- ☐ B5 Exploring Dinner Church - Rev. John Wertz Jr.
- ☐ B6 ELCA Sumud and WiS MENA - Maddi Froiland & Sasha Ghosh-Siminoff

## Friday, July 18, 3:15-4:30 - Concurrent Sessions C

- ☐ C1 Lutheran Theology and Confessions - Rev. Dr. Wesley Smith
- ☐ C2 Building a Suicide Safer Community (required 3-part series) - Rev. Carl Trost
- ☐ C3 Retirement with God - Cathy D. Dudley
- ☐ C4 Create an Oyster Shell Beaded Necklace - Maribeth Ocock
- ☐ C5 So What Do We Do Now? Conversations about Anti-Racism -  
Rev. Kelly Bayer Derrick, Rev. Paul Pingel, Rev. Terrie Sternberg
- ☐ C6 Tomorrow's Church - Dr. Nathaniel Porter
- ☐ C7 Luther Trivial Pursuit - Rev. James G. Cobb

I plan to sing in the Choir ☐ Soprano ☐ Alto ☐ Tenor ☐ Bass

List any Dietary allergies or concerns:

## For Children & Youth

Children ages three to ten are welcome to attend workshops with their parent or guardian—or they can participate in activities just for them. Older kids and teens are welcome to serve as junior leaders with the children's program, or can attend the rest of Power in the Spirit under adult supervision.

☐ Check if this is your child's registration form, and your child will participate in the children's program.

## Media Release

Child's age at time of the event \_\_\_\_\_

Power in the Spirit may take photos of our children's program for promotional purposes not limited to publications and e-newsletters within Virginia Synod communications. Please sign here to grant consent for the use of such photos.

Signature of parent/guardian: \_\_\_\_\_