

FOUNDATIONS OF FAITH

Midwinter Power in the Spirit 2026

"For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline" - 2 Timothy 1:7

Wednesday's **Schedule**

5:30 PM	Zoom Rooms Open
5:45 PM	Welcome
5:50 PM	Bible Study
6:25 PM	Workshops
7:00 PM	Evening Devotion

MIDWINTER POWER IN THE SPIRIT

All Our **Speakers**

Wednesday, February 4 - Self-Discipline



The Rev. Wanda Childs
Floyd-Willis Parish



The Rev. Marty Wagner
Chaplain, Lay Ministry Academy

Workshops



The Rev. Dr. Dave Delaney
Director for Youth and Young Adult Ministries, Virginia Synod



Brother Jason Darty
Rural Retreat Parish



The Rev. Monica Weber
Luther Memorial, Blacksburg

About **Our Presentations**

Where am I Going? - Passing it On - How to Equip Others and Do so Without Fear

Join us for an engaging workshop exploring the future of lay ministry as a dynamic model for the church. In this session, we will address common fears and uncertainties about the church's direction and discover how embracing the growth of lay ministry can renew our strength and focus, empowering the church to serve as a vibrant voice for God in today's world.

Drawing on both Old and New Testament examples of discipleship—such as the mentorship between Moses and Joshua and the hands-on teaching of Jesus with His disciples—we will uncover a rich foundation for intentional, relational, and mission-driven ministry.

By sharing experiences and learning from one another, we can cultivate a sense of shared purpose, equipping ourselves to respond creatively and compassionately to the challenges facing the church today.

Our Youth: The Present of the Church

Our church's youth are a "present to the church" – abundantly blessed with gifts that the church needs – and the "present of the church" – not the future of the church, but an essential part of its life now. In this workshop we will examine key principles and commitments that congregations must observe in order to welcome and nurture the gifts that God has already given to the young people of our church.

Spiritual Direction: Tools for the Journey

Spiritual Direction is the discernment of how God is present in your life and where the Spirit may be leading you, as you seek a closer relationship with the Triune God. In spiritual direction we use tools including silence, the Enneagram, the Meyers-Briggs gift categories, walking a labyrinth, Scripture and deep listening for God's holy voice. As we journey together, a spiritual director can help facilitate this discernment, keeping the focus on our trust that God works through each of us to guide and accompany seekers.